

FAMILY AI COLLABORATION CONTRACT



Between _____ (parent/guardian) and _____ (student)

Date: _____ Revisit date: _____ (*recommended: 6 months*)

The cognitive muscle rule

AI is a fast first draft, not a final answer. When I use AI to avoid the work of thinking, I weaken the skills I'll need most: judgement, reasoning, and the ability to work through hard problems on my own. I agree to use AI in ways that make my thinking stronger, not replace it.

What I can use AI for at school

- Brainstorming ideas and approaches before I start
- Getting feedback on a draft I've already written myself
- Generating practice questions to test my own understanding
- Looking up definitions or background context on a topic
- Creating an outline — as long as I write all the content myself

Note: my school's AI policy takes precedence over this list. I have read and understand it.

What I will not do

- Submit AI-generated text as my own writing
- Use AI to answer questions I am supposed to work through myself
- Copy and paste AI output without reading, verifying, and rewriting it

Disclosure

When I use AI to help write, outline, research, or revise any assignment, I will disclose it to my teacher using this format:

"I used [tool] to [specific task], and then [what I did myself]."

Privacy

I won't share with any AI tool:

- My passwords or login credentials
 - Personal details about my family or friends shared in confidence
 - Health or mental health information
 - Photos or anything I would not post publicly
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We agree to revisit and renegotiate this contract on: _____

Parent/Guardian signature: _____

Student signature: _____

Part of the AI Literacy Guide parent toolkit alliteracyguide.com